



SPORT (TRIPLE AWARD)

EXPLORE THE PHYSIOLOGICAL AND PSYCHOLOGICAL ASPECTS OF SPORT ON THIS EXCITING AND PRACTICAL COURSE. BY COMBINING ACADEMIC STUDY WITH SPORT (TEAM AND INDIVIDUAL), YOU WILL GAIN THE KNOWLEDGE AND SKILLS REQUIRED TO PURSUE A SUCCESSFUL CAREER IN THE SPORTING INDUSTRY. YOU WILL ALSO GAIN EXPERIENCE OF SPEAKING IN FRONT OF GROUPS, PLANNING, AND DELIVERING DIFFERENT PRACTICAL ACTIVITIES.

TOPICS YOU'LL COVER

YEAR ONE

- Career in the Sport & Active Leisure Industry
- Health, Wellbeing and Sport
- Developing Coaching Skills
- Sport Development
- Self-employment in Sport and Physical Activity
- Anatomy and Physiology in Sport

YEAR TWO

- Applied Coaching Skills
- Organising Events in Sports and Physical Activity
- Research Project in Sport (set by exam board)
- Functional Sports Massage
- Fitness Testing
- Practical Sport Application

You will also be required to undertake course-related work experience.

ASSESSMENT

100% coursework

ENTRY REQUIREMENTS

At least five GCSEs at grade 4 or above, including English Language.

PROGRESSION POSSIBILITIES

CAREERS: Coach, teacher, personal trainer, massage therapist, sports data analyst, nutritionist.

UNIVERSITY STUDY: Sports Science, Sports Therapy, Sport and Recreational Management, Sports Psychology, Football Studies.

SKILLS DEVELOPED

The course will enable you to develop skills required in a sporting environment. This will include confidence in speaking in front of groups, planning and delivering different practical activities. You will also develop skills to help on the theoretical side such as listening, research and English language skills.

ENRICHMENT OPPORTUNITIES

You would be expected to belong to at least one of the Sports offered within our Academy of Sport.

Students also have the opportunity to run their own events - such as sports days as part of the course, and to hear from Industry professionals and speakers throughout the course.

QUALIFICATION

BTEC EXTENDED DIPLOMA

LEVEL

LEVEL 3

CURRENT EXAM BOARD

PEARSON

CURIOUS ABOUT... SPORT?



Read Alex Ferguson: Leading & Jessica Ennis: Unbelievable



Listen to - BBC Sport Podcasts – Choose your sport!

Additional Information: You may be required to pay a course fee for materials and resources used in the course. If there are any issues with being able to pay these costs, please contact Richard Taunton Sixth Form College. A breakdown of the course contributions can be found on our website.

Disclaimer: Information in this course leaflet is for September 2021 entry and is accurate at time of printing. All information provided is subject to change and may be updated during the academic year. Courses offered by the College are subject to change and are reviewed on an annual basis.