



SPORT (LEVEL 2)

THIS ONE YEAR VOCATIONAL COURSE COMBINES THE THEORETICAL CONCEPTS OF SPORT WITH PRACTICAL SKILLS, INCLUDING LEADERSHIP. THE COURSE WILL ENABLE YOU TO DEVELOP THE SKILLS REQUIRED IN A SPORTING ENVIRONMENT. IT INVOLVES COURSE-RELATED WORK EXPERIENCE AND WILL PREPARE YOU FOR LEVEL THREE SPORT-RELATED COURSES.

QUALIFICATION

L2 CERTIFICATE

LEVEL

LEVEL 2

CURRENT EXAM BOARD

NCFE

TOPICS YOU'LL COVER

YEAR ONE

- Anatomy & physiology
- Introduction to healthy exercise and nutrition
- Participation in sport
- Organising an event.

SKILLS DEVELOPED

The course will enable you to develop skills required in a sporting environment. This will include confidence in speaking in front of groups, planning and delivering different practical activities. You will also develop skills to help on the theoretical side such as listening, research and English language skills. The skills developed will help you to progress to a L3 Sport Course.

ASSESSMENT

This course is assessed 100% by coursework.

ENTRY REQUIREMENTS

At least four GCSEs at grade 3 or above, including English Language.

PROGRESSION POSSIBILITIES

FURTHER COLLEGE STUDY OPTIONS:

Sport and Uniformed Public Services (Level 3).

CAREERS: Coach, teacher, personal trainer, massage therapist, sports data analyst, nutritionist.

UNIVERSITY STUDY: Sport, Sports Science, Sports Therapy, Sports Journalism, Sports Psychology, Sports Coaching.

ENRICHMENT OPPORTUNITIES

You would be expected to belong to at least one of the Sports offered within our Academy of Sport.

CURIOUS ABOUT... SPORT?



Read Alex Ferguson: Leading & Jessica Ennis: Unbelievable



Listen to - BBC Sport Podcasts – Choose your sport!

Additional Information: You may be required to pay a course fee for materials and resources used in the course. If there are any issues with being able to pay these costs, please contact Richard Taunton Sixth Form College. A breakdown of the course contributions can be found on our website.

Disclaimer: Information in this course leaflet is for September 2021 entry and is accurate at time of printing. All information provided is subject to change and may be updated during the academic year. Courses offered by the College are subject to change and are reviewed on an annual basis.